***FACILITY-BASED RESPITE OPTIONS***

The following is a list of care facilities that may offer short-term respite stays. The facilities listed have said that they are willing to accommodate stays of two weeks or less. This service may be appropriate for a patient whose caregiver needs to go out of town, or just needs a complete rest from caregiving. It may also be a way to test how a patient will do in a facility setting.

Most facilities can handle patients with dementia, but some may not be able to manage patients who wander or who have severe behavioral problems. If you are seeking to place a dementia patient, be prepared to describe their symptoms and ask whether the facility is able to handle them.

The providers listed are options, not recommendations. Since selecting a provider is a subjective decision, ***we*** suggests you call and visit each provider. Rates for facilities generally range between $100-200 per night. Both assisted living and nursing facilities offer respite based on availability of space. Please call in advance to make arrangements.

**Alamo Service Connection ADRC**  
San Antonio area  
210-477-3275

**Care Connection ADRC**  
Houston and Gulf Coast area  
832-393-4415

**Coastal Bend ADRC**  
Corpus Christi area  
361-883-3935

**To learn more**

If you would like to receive more information about the Center, please contact them at  
2180 N. Main  
Belton, Texas 76513  
1-800-447-7169 or 254-770-2342